



# Fun, Wellness and Fitness!

## “Easy Modern Square Dancing”

### With the **Glengarry Tartans**

**No cost/no obligation Open House**

Followed by Drop In Sundays \$6.00    Beginners welcomed at every dance



**Sundays, September 9<sup>th</sup>**  
**and September 16<sup>th</sup>, 2018 2:00 - 4:00 pm**  
**49 St. Paul St. – Alexandria**  
**La Fraternité Hall**



**No dancing experience – No partner - No problem!**

**We dance for Fun, not Perfection! Casual attire**



**Improve Flexibility**

**Improve memory**

**Stay Active**

**Make Friends**

**Enjoy Life**

**Feel Vibrant**

Francois Desmarais [francoisd2@rogers.com](mailto:francoisd2@rogers.com)

Square Dance Caller , Eastern Ontario Square & Round Dance Association

**Glengarry Tartans**

Modern Square Dancing

Open House

Sept. 9 & 16, 2018

49 St. Paul St., La Fraternité Hall

Alexandria ON

Info 613-931-1783 Carole Lauzon

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