

PLUS WORKSHOP and DANCE

With Wendy VanderMeulen
Saturday, December 1

10:00 AM to Noon – DBD workshop

We'll workshop a handful of Plus calls based on their definitions

*Noon – 1:00 – Lunch Break
(Provide your own or go out...)*

1:00 – 3:00 PM – DBD Plus Dance

*Using the calls workshopped in the morning and all the rest of
the Plus calls from more-standard positions*

*Carleton Heights Community Centre
1665 Apeldoorn Avenue
Ottawa, ON K2C 1V6*



*\$8 per person per session
Or*

\$15 per person for both sessions



*For more information, contact
wendyv@sympatico.ca or 613-987-2711*